## Claims

1. An oral composition comprising chalk characterised in that the oral composition comprises perlite.

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- 2. An oral composition as claimed in claim 1, whereby the perlite is 0.01% to 20% by weight of the oral composition.
- 10 3. An oral composition as claimed in any preceding claim, whereby the chalk is 5% to 60% by weight of the oral composition.
- 4. An oral composition as claimed in any preceding claim, whereby the chalk is fine ground natural chalk.
  - 5. An oral composition as claimed in any preceding claim, whereby the pH of the oral composition is 8 to 14.
- 20 6. An oral composition as claimed in any preceding claim, which has a Relative Dental Abrasion of 140 to 170.
  - 7. An oral composition as claimed in any preceding claim, which has a 'percentage polish' of 60 to 95.

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8. Use of perlite in an oral composition as claimed in any preceding claim for polishing teeth.